

R  **ROMANS**
READING PLAN

ROMANS

The book of Romans, written by Paul during his third missionary journey, covers a lot of important theological ground both for the Roman believers to whom he was writing and for us today. The book is broken into four major parts: an explanation of justification (starting in chapter 1), an explanation of sanctification (starting in chapter 5), a look at Israel and the church (starting in chapter 9), and practical application of the theological groundwork set in the earlier chapters (starting in chapter 12). This reading plan is designed for the reader to study one chapter a week, broken into five short readings.

RESOURCES

<https://www.thegracelifechurch.org/romans/>

<https://bibleproject.com/videos/romans-1-4/>

<https://bibleproject.com/videos/romans-5-16/>

<https://www.desiringgod.org/scripture/romans/labs>

<https://www.thegospelcoalition.org/course/knowning-bible-romans/>

HEAR STUDY

"The H.E.A.R. (Hear, Explain, Application, Respond) journaling method promotes reading the Bible with a life-transforming purpose. No longer will your focus be on checking off the boxes on your daily reading schedule; your purpose will instead be to read in order to understand and respond to God's Word." - from Growing Up by Robby Gallaty

The final page of this guide provides a blank copy guiding you through this method of study. By examining the text with this set of questions (what does the text say, what does it mean, how does it change me, and how will I respond) we can find deep truths as well as personal applications. You can also find more resources regarding the HEAR Study at [the **gracelifechurch.org/discipleship**](https://www.thegracelifechurch.org/discipleship).

USE THE BACK OF THIS PAPER TO TAKE NOTES**HIGHLIGHT - WHAT DOES THE TEXT SAY?**

Read the entire text for comprehension.

Read again, this time

- Highlight keywords, locations, and people.
- Highlight repeated words, ideas, phrases, transition words (but, therefore, because, if/then...), lists, contrasts and comparisons, and commands.

Read again, this time

- Highlight major themes such as, Gospel truths, New self/identity, the Great Commission, the Great Commandments, the Church, Redemptive Promises, "Types" of Jesus.

Consult different translations of Scripture, the dictionary, and helpful resources such as ESV Study Bible, CSB Study Bible, blueletterbible.org, and bible.com.

EXPLAIN - WHAT DOES THE TEXT MEAN?

After you have highlighted the passage, you can begin to work towards understanding the meaning of the text. Here are some questions to ask:

- Why was this written and to whom was it originally written?
- How does this text fit with the verses before and after it?
- What would the original hearers have thought of this text?
- What does the text say about the gospel message?
- What does the text say about who we are in Christ, after we are filled with his Holy Spirit and living free from the penalty of sin?
- What does the text say about Jesus' command to go and make disciples of all nations?
- What does God want us to know about himself? About us?
- How does this text fit within the greater story of the Bible (Creation-Fall-Redemption-Restoration)?

When you are able to work through these questions, rewrite the text in your own words. If you find yourself stuck trying to explain the passage, don't worry, you're not alone. At this point, you are beginning the process of discovering the specific and personal word that God has for you from His Word. What is important is that you are engaging with the text and wrestling with its meaning.

APPLY - HOW DOES THE TEXT INWARDLY CHANGE ME?

Application is the heart of the process. Everything culminates under this heading. Ask a series of questions to uncover the significance of these verses to you personally, questions like:

- What does this tell me about my sin and need for a Savior?
- How can this passage help me?
- What does this passage mean for me today?
- How can these truths transform your life today?
 - Remember that all actions begin as thoughts and desires of the heart. How do these truths transform what you love, worship, and value most?
 - In turn, how will these renewed desires change the way you respond to God and others?
 - Are there practical things God is leading you to do differently as your heart changes?

RESPOND - WHAT WILL I DO OUTWARDLY WITH THE TEXT?

Your response to the passage may take on many forms. You may write a call to action, as the Holy Spirit leads you. You may describe how you will be different because of what God has said to you through His Word. You may indicate what you are going to do because of what you have learned. You may respond by writing out a prayer to God.

HEAD

HEART

HANDS

HIGHLIGHT - WHAT DOES THE TEXT SAY?

TEXT: _____

DATE: _____

HEAD

EXPLAIN - WHAT DOES THE TEXT MEAN?

HEART

APPLY - HOW DOES THE TEXT INWARDLY CHANGE ME?

HANDS

RESPOND - WHAT WILL I DO OUTWARDLY WITH THE TEXT?

ROMANS | 06 NT



Paul was writing to Christians living in Rome. Nero was emperor. He did dastardly things to Christians, but he hadn't started yet. It was a time of peace. However, Paul knew he was writing to city people who can be really different from each other. Tough sailors, well-traveled tradesmen, wealthy former idolaters, and slaves were all part of the new church in Rome.

In Chapters 1-8, Paul explains the foundations of the Christian faith. This is why the book is quoted so often in salvation messages. In Chapters 9-11, he explains how people can receive a relationship with God. In Chapters 12-16, Paul explains how to use this information to live a godly life.



○
NUMBER OF CHAPTERS:
16



○
TYPE:
EPISTLE: PAULINE



○
DATE WRITTEN:
56 AD



○
PERIOD COVERED:
UNIVERSAL



○
AUTHOR:
APOSTLE PAUL

BREAKDOWNS

✓ BOOK/CHAPTER/VERSES SUBJECT

<input type="checkbox"/>	Romans 1:1-17	Encouragement to Believers
<input type="checkbox"/>	Romans 1:18-32	Consequences of Idolatry
<input type="checkbox"/>	Romans 2:1-11	Don't Judge, Because You Do the Same Things
<input type="checkbox"/>	Romans 2:12-16	The Law is Written on Everyone's Heart
<input type="checkbox"/>	Romans 2:17-29	The Law Cannot Save
<input type="checkbox"/>	Romans 3:1-20	The Law Brings Only the Knowledge of Sin
<input type="checkbox"/>	Romans 3:21-31	Faith is the Only Law that Works
<input type="checkbox"/>	Romans 4	Faith: The Testimony of Abraham
<input type="checkbox"/>	Romans 5:1-5	How Faith Builds Character in Adversity
<input type="checkbox"/>	Romans 5:6-11	Christ Died for His Enemies
<input type="checkbox"/>	Romans 5:12-21	Christ vs. Adam; the Law vs. Righteousness
<input type="checkbox"/>	Romans 6:1-11	Walk in the Newness of Life in Christ
<input type="checkbox"/>	Romans 6:12-14	You are Under the Law of Grace
<input type="checkbox"/>	Romans 6:15-23	Wages of Sin is Death; You are Free
<input type="checkbox"/>	Romans 7:1-6	Serve in the Newness of the Spirit
<input type="checkbox"/>	Romans 7:7-13	The Law Kills
<input type="checkbox"/>	Romans 7:14-25	Two Natures in Believers Described

✓ BOOK/CHAPTER/VERSES SUBJECT

<input type="checkbox"/>	Romans 8:1-17	Through the Spirit the Flesh is Put to Death
<input type="checkbox"/>	Romans 8:18-25	Waiting for Our Adoption as Sons
<input type="checkbox"/>	Romans 8:26-39	The Good News about Victories
<input type="checkbox"/>	Romans 9:1-18	How God's Mercy Extends to the Gentiles
<input type="checkbox"/>	Romans 9:19-33	The Jews Tried to Obtain Through Works
<input type="checkbox"/>	Romans 10	The Workings of Salvation by Faith
<input type="checkbox"/>	Romans 11:1-27	Gentiles are Foreign Branches Grafted In
<input type="checkbox"/>	Romans 11:28-36	The Jews Are Still Beloved from Their Fathers
<input type="checkbox"/>	Romans 12:1-2	Let Your Bodies Be a Living Sacrifice
<input type="checkbox"/>	Romans 12:3-8	Find Joy in Diversity
<input type="checkbox"/>	Romans 12:9-21	Instructions in Showing Love
<input type="checkbox"/>	Romans 13:1-14	How to Love; Live in Peace
<input type="checkbox"/>	Romans 14:1-23	Instructions for Living in Diversity of Belief
<input type="checkbox"/>	Romans 15:1-13	Deny Self Above Others, As Did Christ
<input type="checkbox"/>	Romans 15:14-33	Personal Words of Encouragement
<input type="checkbox"/>	Romans 16	Words of Encouragement Continued

Most Popular Verses

✓ BOOK/CHAPTER/VERSES RANK

<input type="checkbox"/>	Romans 3:23	Romans Rank: 1, Overall: 5
<input type="checkbox"/>	Romans 5:8	Romans Rank: 6, Overall: 18
<input type="checkbox"/>	Romans 6:23	Romans Rank: 3, Overall: 11
<input type="checkbox"/>	Romans 8:28	Romans Rank: 4, Overall: 14
<input type="checkbox"/>	Romans 10:9	Romans Rank: 2, Overall: 10
<input type="checkbox"/>	Romans 12:1-2	Romans Rank: 5, Overall: 17



September 23- Romans 1

Day 1- 1:1-7
Day 2- 1:8-15
Day 3- 1:16-20
Day 4- 1:21-25
Day 5- 1:26-32

Memory Verse- Romans 1:16- For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.



September 30- Romans 2

Day 1- 2:1-5
Day 2- 2:6-11
Day 3- 2:12-16
Day 4- 2:17-24
Day 5- 2:25-29

Memory Verse- Romans 2:12- For all who have sinned without the law will also perish without the law, and all who have sinned under the law will be judged by the law.



October 7- Romans 3

Day 1- 3:1-8
Day 2- 3:9-18
Day 3- 3:19-20
Day 4- 3:21-26
Day 5- 3:27-31

Memory Verse- Romans 3:23- For all have sinned and fall short of the glory of God.



October 14- Romans 4

Day 1- 4:1- 8
Day 2- 4:9-12
Day 3- 4:13-15
Day 4- 4:16-20
Day 5- 4:20-25

Memory Verse- Romans 4:20- No unbelief made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God.



October 21- Romans 5

Day 1- 5:1-5
Day 2- 5:6-11
Day 3- 5:12-14
Day 4- 5:15-17
Day 5- 5:18-21

Memory Verse- Romans 5:10- For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.



October 28- Romans 6

Day 1- 6:1-4
Day 2- 6:5-11
Day 3- 6:12-14
Day 4- 6:15-19
Day 5- 6:20-23

Memory Verse- Romans 6:23- For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.



November 4- Romans 7

Day 1- 7:1-3
Day 2- 7:4-6
Day 3- 7:7-12
Day 4- 7:13-20
Day 5- 7:21-25

Memory Verse- Romans 7:4- Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God.



November 11- Romans 8

Day 1- 8:1-8
Day 2- 8:9-17
Day 3- 9:18-25
Day 4- 8:26-30
Day 5- 8:31-39

Memory Verse- Romans 8:18- For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us.



November 18- Romans 9

Day 1- 9:1-5
Day 2- 9:6-13
Day 3- 9:14-18
Day 4- 9:19-29
Day 5- 9:30-33

Memory Verse- Romans 9:16- So then it depends not on human will or exertion, but on God, who has mercy.



December 2- Romans 10

Day 1- 10:1-4
Day 2- 10:5-9
Day 3- 10:10-13
Day 4- 10:14-17
Day 5- 10:18-21

Memory Verse- Romans 10:17- So faith comes from hearing, and hearing through the word of Christ.



December 9- Romans 11

Day 1- 11:1-10
Day 2- 11:11-16
Day 3- 11:17-24
Day 4- 11:25-29
Day 5- 11:30-36

Memory Verse- Romans 11:36- For from him and through him and to him are all things.



Jan 13- Romans 12

Day 1- 12:1-2
Day 2- 12:3-8
Day 3- 12:9-13
Day 4- 12:14-18
Day 5- 12:19-21

Memory Verse- Romans 12:2-3 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.



Jan 20- Romans 13

Day 1- 13:1-2
Day 2- 13:3-5
Day 3- 13:6-7
Day 4- 13:8-10
Day 5- 13:11-14

Memory Verse- Romans 13:14- But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.



Jan 27- Romans 14

Day 1- 14:1-6
Day 2- 14:7-12
Day 3- 14:13-16
Day 4- 14:17-19
Day 5- 14:20-23

Memory Verse- Romans 14:17- For the kingdom of God is not a matter of eating and drinking, but of righteousness and peace and joy in the Holy Spirit.



Feb 3- Romans 15

Day 1- 15:1-7
Day 2- 15:8-13
Day 3- 15:14-21
Day 4- 15:22-29
Day 5- 15:30-33

Memory Verse- Romans 15:13- May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.



Feb 10- Romans 16

Day 1- 16:1-6
Day 2- 16:7-16
Day 3- 16:17-20
Day 4- 16:21-24
Day 5- 16:25-27

Memory Verse- Romans 16:17- I appeal to you, brothers, to watch out for those who cause divisions and create obstacles contrary to the doctrine that you have been taught; avoid them.